# MARSDEN

# MBF-6000 MBF-6010

**Body Composition Scale** 















# Marsden MBF-6000/6010: For a complete picture of your body's health

The Marsden range of body composition scales provides a complete overview of your body profile. Get highly accurate readings for fat mass, basal metabolic rate and more; an easy to use indicator means you can get these readings in seconds, and a printer means a permanent record of these readings.

## Closer to DEXA than any other body composition scale

The MBF series was developed by Marsden and Hull York Medical School. Research proved that the algorithm used by the scale is closer to DEXA than any other body composition scale tested. This means highly accurate body composition readings can be taken using this intuitive, affordable scale!



Marsden MBF scales provide the following information:

**Basal metabolic rate** - rate that the body uses energy while at rest to maintain vital functions such as breathing and keeping warm

**Fat free mass** - refers to all of your body components except fat, which includes your body's water, bone, organs and muscle content

**Fat mass** - the total amount of fat within the body **Fat percentage** - is the total mass of fat divided by
total body mass; body fat includes essential body fat
and storage body fat

**Total body water** - is the total amount of fluid in the body expressed as a percentage of total body weight **Height, weight and BMI** 



Marsden MBF-6000 31/03/2009 14:55 BODY TYPE **STANDARD** GENDER MALE AĞE 40 HEIGHT 170.2 cm WEIGHT 70.0 kg **BMI** 24.7 FAT% 21.0%FAT MASS 14.7 kg FFM 55.3 kg 1660 kcal **BMR** TBW 40.6 kg IMPEDANCE 402.2 ohm



## An intuitive, easy to use indicator

The indicator for these scales is **clear and easy to use.** Two LCD screens provide **weight** (upper screen) and **height/fat percentage/BMI** (lower screen) readings. Plus, a numeric keypad means entering height details is easy. A **height measure is also available** for the MBF-6010.

The MBF-6000 has a separate indicator making it a **portable solution**; the MBF-6010's indicator is mounted on a column to waist height.

### Key features

Class III & MDD Approved
Tare/Hold/Zero
Measures BMI, BMR, TBW, FM, FFM, Fat %
Robust, durable construction
Large, clear display
Portable (MBF-6000 only)

## Class III Approved; MDD Approved

The MBF-6000 and MBF-6010 are essential tools for tracking fitness and weight loss. If you need extra assurance of their accuracy and quality, however, both carry **Class III and MDD approval**.

#### Specification

Capacity: 300kg Graduations: 100g

Weight of scale (MBF-6000): 9.5kg Power Supply: Mains adaptor

readings will be provided on the print-out only.

Dimensions (base): 340mm x 450mm x 80mm

#### **Optional Extras**

Manual height measure (HM-201M; MBF-6010 only) Digital height measure (HM-200D; MBF-6010 only) Auto height measure (HM-201D; MBF-6010 only) Carry case (CC-530; MBF-6000 only) \*MBF scales can be purchased without a printer. However we strongly recommend purchasing with a printer since most

www.marsden-weighing.co.uk

### Marsden MBF-6000/6010: Key features at-a-glance



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